

Cyber Seniors Trailer > https://www.youtube.com/watch?v=bemDf6wuHJ0&feature=emb_logo

2020 Internet Minute >

<https://www.allaccess.com/merge/archive/31294/infographic-what-happens-in-an-internet-minute>

Consumer Protection Ontario: Safe Online Shopping >

<https://www.ontario.ca/page/safe-online-shopping>

5 Easy Steps to Create a Strong Password:

<https://blog.knowbe4.com/bid/352493/5-easy-steps-to-create-strong-passwords>

How to Create a Strong Password: <https://blog.avast.com/strong-password-ideas>

What is a Good Way to Remember Passwords:

<https://seniorsafetyadvice.com/what-is-a-good-way-for-seniors-to-remember-passwords>

10 Cybersecurity Best Practices for Older Adults:

<https://www.protectseniorsonline.com/resources/cybersecurity-best-practices>

Use a password manager:

<https://www.cnet.com/news/best-password-managers-for-2020>

Recommended Best Free Password Manager:

LAST PASS > <https://www.lastpass.com>

Phishing:

<https://www.csoonline.com/article/2117843/what-is-phishing-how-this-cyber-attack-works-and-how-to-prevent-it.html>

Phishing Quiz: (highly recommended!) <https://www.opendns.com/phishing-quiz/>

Some good resources about online scams, phishing, etc.

- What Every Older Canadian Should Know About (GofC): <https://www.canada.ca/en/employment-social-development/corporate/seniorsforum/fraud-scams.html>
- Phishing Quiz: <https://www.opendns.com/phishing-quiz>
- Internet Safety for Seniors: <https://www.medicalalertadvice.com/articles/internet-safety-for-seniors>
- Online Safety Tips for Seniors: <https://thehamlets.ca/online-safety-tips-for-seniors>
- Protect Seniors Online: <https://www.protectseniorsonline.com/resources/cybersecurity-best-practices>

Messaging Apps for Older Adults:

<https://sixtyandme.com/the-awesome-power-of-messaging-apps-for-older-adults/>

Facebook Scams: <https://www.lifewire.com/top-facebook-scams-and-how-to-avoid-them-4771375>

Binary Tatoo (a local expert) App Resource -

<https://www.binarytattoo.com/network-and-app-resource/>